

# FREE DECEMBER WORKSHOP

## Put the Happy Back into the Holidays!



Make the holidays less stressful and family time more enjoyable. Consider ways to slow down and prioritize. Create more meaning by establishing your own family traditions. Join us for this discussion—important for the season and every time of the year.

Monday, December 14, 6:30-7:45 pm



Wonder Works Children's Museum 6445 W. North Ave, Oak Park

Partially funded by the Oak Park River Forest Rotary Club

**Facilitated by:**  
**Jennifer Evans, M.Ed. Counseling Education**

**Availability Limited - RSVP to Reserve Your Space**

Free childcare available on site. Contact Leah at 708-848-2227 or [Lvergotine@parenthesis-info.org](mailto:Lvergotine@parenthesis-info.org)

### Parenting Resource Program



Brought to the Oak Park River Forest Community by Parenthesis Family Center  
with support from the Collaboration for Early Childhood

405 S. Euclid Avenue, Oak Park, IL | 708-848-2227 | [www.parenthesis-info.org](http://www.parenthesis-info.org)

At Parenthesis Family Center all **Parents Rock!** Want to know more? Visit us at [www.parenthesis-info.org](http://www.parenthesis-info.org).