

FREE MAY WORKSHOP

New Baby Basics

Parenting a new baby can be a roller coaster ride of the best variety! The highs and lows of meeting the needs of your child/ren AND yourself takes patience and stamina. Join this session to learn more about baby sleep patterns, feeding, cries, and of your parenting concerns.



Monday, May 23 6:30-7:45 pm

Wonder Works Children's Museum: 6445 North Ave, Oak Park



Partially Funded by the Oak Park-River Forest Rotary Club

Facilitated by:

**Chris Levy, LCSW and Parenthesis
Group Facilitator**

Availability Limited - RSVP to Reserve Your Space

Childcare available on site. Contact Leah at

708-848-2227 or Lvergotine@parenthesis-info.org



At Parenthesis Family Center all **Parents Rock!** Want to know more? Visit us at www.parenthesis-info.org.